



SCHEDULE

nov-09



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13 Registration Deadline to CTHF from Provinces from West Camp	14	15
16	17	18	19	20	21	22
23/30	24	25	26	27	28 West National Camp Edmonton 	29 West National Camp Edmonton 

SCHEDULE

déc-09



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30 Work Out Program To be sent to mnahmiash@hotmail.com	31			

SCHEDULE

janv-10



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23 Registration Deadline to CTHF from Provinces from West Camp	24
25	26	27	28	29	30 Work Out Program To be sent to mnahmiash@hotmail.com	31

févr-10





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5		7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27 Deadline to Register For Centralized camp Register through your Federation	28 Work Out Program To be sent to mnahmiash@hotmail.com

SCHEDULE

March



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19 West National Camp Edmonton 	20 West National Camp Edmonton 	21 West National Camp Edmonton 
22	23	24	25	26	27	28 Work Out Program To be sent to mnahmiash@hotmail.com
29	30	31				

SCHEDULE

avr-10



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

SCHEDULE

mai-10











MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15 Registration Deadline to CTHF from Provinces from West Camp	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

Schedule

juin-10



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	Centralized Camp Edmonton Host Teams	20 
21 	22 	23 	24 	25 	26 	27 
28	29	30 Work Out Program To be sent to mnahmiash@hotmail.com				

Schedule

juil-10




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3 Deadline to Register For Centralized camp Register through you Federation	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31 Work Out Program To be sent to mnahmiash@hotmail.com	

Schedule

août-10





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					National Camp Montreal	1 National Camp in CDN 
2 National Camp in CDN 	3 National Camp in CDN 	4 National Camp in CDN 	5 National Camp in CDN 	6 National Camp in CDN 	7 National Camp in CDN 	8 National Camp in CDN 
9 National Camp in CDN 	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Schedule

sept-10



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	4 Registration Deadline to CTHF from Provinces from West Camp	5
6	7	8	9	10	11	12
13	14	15	16	17	18 West National Camp Edmonton 	19 West National Camp Edmonton 
20	21	22	23	24	25	26 Selection of Team for Pan-am Qualifier
27	28 Payment Deadline For Pan-am Qualifications	29	30 Work Out Program To be sent to mnahmiash@hotmail.com			

Schedule

oct-10












MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
					<p>Work Out Program To be sent to mnahmiash@hotmail.com</p>	

Schedule

nov-10



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6 Pan-Am Qualifiers TBA 	7 Pan-Am Qualifiers TBA 
8 Pan-Am Qualifiers TBA 	9 Pan-Am Qualifiers TBA 	10 Pan-Am Qualifiers TBA 	11 Pan-Am Qualifiers TBA 	12 Pan-Am Qualifiers TBA 	13 Pan-Am Qualifiers TBA 	14 Pan-Am Qualifiers TBA 
15	16	17	18	19	20	21
22	23	24	25	26	27 Selection for Team for North-am qualifier	28
29	30 Payment Deadline For North-Am Qualifications					

Schedule

déc-10



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27 North American Qualifier	28 North American Qualifier	29 North American Qualifier	30 North American Qualifier	31 North American Qualifier		

Schedule

janv-11



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 North American Qualifier	2 North American Qualifier
3 North American Qualifier	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

Schedule

févr-11





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						
Work Out Program To be sent to mnahmiash@hotmail.com					Registration Deadline to CTHF from Provinces from West Camp	

Schedule

mars-11



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5	6
7	8	9	10	11	12 West National Camp Edmonton 	13 West National Camp Edmonton 
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Schedule

avr-11



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23 Centralized Camp Registration	24
25	26	27	28	29	30 Work Out Program To be sent to mnahmiash@hotmail.com	

Schedule

mai-11



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
17	18	19	20	21	22	22
23	24 Central National Camp Right after Sr Nats	25 Central National Camp Right after Sr Nats	26 Central National Camp Right after Sr Nats	27 Selection of Team For Pan-am Championships	28 Payment Deadline For Pan-am Championship	29
30	31					

Schedule

juin-11



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16 Pan-Am Championships TBA	17 Pan-Am Championships TBA	18 Pan-Am Championships TBA	19 Pan-Am Championships TBA
20 Pan-Am Championships TBA	21 Pan-Am Championships TBA	22 Pan-Am Championships TBA	23 Pan-Am Championships TBA	24 Pan-Am Championships TBA	25 Pan-Am Championships TBA	26 Pan-Am Championships TBA
27	28	29	30			

Schedule

juil-11













MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16 Registration deadline For Centralized Camp	17
18	19	20	21	22	23	24
25	26	27	28	29	30 Work Out Program To be sent to mnahmiash@hotmail.com	31

Schedule

août-11



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15 Central Camp Montreal 	16 Central Camp Montreal 	17 Central Camp Montreal 	18 Central Camp Montreal 	19 Central Camp Montreal 	20 Central Camp Montreal 	21 Central Camp Montreal 
22 Central Camp Montreal 	23 Central Camp Montreal 	24 Central Camp Montreal 	25	26 Selection of Pan-am Games Team	27	28
29	30	31 Payment Deadline Pan-am Game				

Schedule

sept-11

















MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Schedule

oct-11



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2
3	4	5	6	7	8	9
10	11	12 Pan-am Games Guadalajara Mexico	13 Pan-am Games 	14 Pan-am Games 	15 Pan-am Games 	16 Pan-am Games 
17 Pan-am Games 	18 Pan-am Games 	19 Pan-am Games 	20 Pan-am Games 	21 Pan-am Games 	22 Pan-am Games 	23 Pan-am Games 
24/31 Pan-am Games 	25 Pan-am Games 	26 Pan-am Games 	27	28	29	30

World Championship Dec Dates TBA