



Fédération Canadienne de Handball Olympique
Canadian Team Handball Federation
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TEAM HANDBALL NEWSLETTER #001-07

Date: January 11th, 2007

To: Provincial Team Handball Federations
Management Committee Members

From: François LeBeau

Object: Change of the guard
Senior women and men national teams (Qualification games)
Web Site
Canadian Championships deadlines
Select handball balls
IHF Handball Magazine
Updated directory
Team handball coaching streams

Dear Handball Friends,

In order to maintain communication, this letter will be sent to all PTHF once a week. Please inform your members

CHANGE OF THE GUARD

One year ago, Mr. Jacques Goulet stepped down as the chief operating officer of the Canadian Team Handball federation. After more than 16 years as an employee of our federation, Jacques wanted a well-deserved retirement.

Jacques started his career in handball as a player, then a coach and also a referee. He worked for the Quebec federation as the technical director. In 1990, he began his career as coach and responsible of the national teams program. Former president Ron Gorgichuk signed Jacques to a contract that lasted for 16 years.

In 1992, he was the technical director of our federation and this contract lasted until 1994. In 1994, he became the Chief Operating Officer of the federation. He successfully fulfilled his mandate and concluded it in 2006 with the Youth Women's World Championship held in Sherbrooke

Jacques is still teaching in Ahuntsic College and he is considering retiring completely in the coming years. Jacques was and still is a great asset for handball and I am sure that he will always be around to give us a hand in addressing the challenges that we face.

Thank you Jacques for doing such a great job. On October the first, the management committee hired the new Chief Operating Officer of the CTHF. They chose François LeBeau, former general manager of the Youth Women's World Championship. After three months in office, he is becoming familiar with all the files related to the job. Jacques's effort and ability made the difficulty and scope of the job seem much more simpler than it actually is.

The transition period is almost over, and we will be in contact more frequently with our members to insure continuous communications between the CTHF and its members. In the past months, we restructured the financial operation of our federation. An accountant in Ottawa, Kathy Stewart, who is also stepping down as the federation's accountant, did the accounting for many years. She will be replaced by Mr. Jacques Roy, former director in the Youth Women's World Championship held in Sherbrooke. He would like to thank Kathy for her collaboration in the transition.

We also overhauled the web site. For logistical reasons, we have opened a new website address and hired Danny Leblanc-Anctil, also a former employee of the Youth Women's World Championship, as the Webmaster. This change was made to realize the potential of the website as well as facilitate the communications between the CTHF and its members. We would like to thank our former webmaster, Sylvain Habets who is leaving us after occupying this position for several years.

This being said, all three individuals will work in the same building, and by doing so, facilitate gathering information faster. The webmaster's office, the accountant's office and the Chief Operating Officer's office are all situated at the same address listed above. We hope that this reorganization will not adversely affect your operations in handball.

We are sorry for the lack of information for the past three months, but with this transition period behind us, we are looking forward to a prosperous future for our federation and hope that together we will breathe new life into our organization and enhance development in all Canadian provinces.

SENIOR MEN AND WOMEN QUALIFICATION GAMES

This past week, our national teams competed against the American national teams for an immediate qualification into the Pan American Games being held in Rio de Janeiro, July 2007. This series was a best two out of three contest.

The first two games were played in the US training facilities of Lake Placid, New York. In the men's game, a last minute goal by the Canadian team transformed a sure defeat into a victory. The US team was leading the game with a 3 goal margin for almost 50 minutes. The team struggled until the end and managed to transform a possible loss into a victory. Goalkeeper Vincent Lévesque was brilliant in the second half of the game. Charles Bariteau, who played in Tunisia, at the 2005 World Championships was the top scorer for our team with 7 goals. Luc Pellerin and Sébastien Fyfe, who also played in Tunisia scored 4 goals each. Finally, Geoffroy Bessette, also a veteran member of the team that represented Canada in Tunisia, rounded out the scoring for with 2 goals

The women had an easier task against the US team. They took an early lead of three goals at the beginning of the game and never lost it. Canadian player, Amber Smart used her speed and scored 8 goals and she was by far the best player of the game. Caroline Pilon, who currently plays in Europe scored 6 goals, and Anne-Marie Cloutier (also playing in Europe) and Kate Delallo scored 3 goals each.

The stage was set for the second games as our teams required one victory to assure their participation in the Pan Am Games in Brazil next July. The men's team jumped to a quick start and quickly led the game by a score of 7-3. But the Americans showed a lot of determination and responded to the Canadian efforts. US goalie, Danny Capparelli, was outstanding in his performance and made a lot of key saves that helped his team to create a 3 goal lead by half time. His performance overshadowed the performance of Canada's Sébasiten Fyfe who scored 6 goals. Canada's Maxime Godin contributed with 3 goals. The final result of game 2 was USA 25-Canada 20. A third game would then be necessary to determine the qualifying team for Brazil.

The girl's team and their coach Mike Nahmiash, secured their entry into the Pan Am Games by winning handily over the American team in their second game 25-16. This was a heartbreaker for the Americans in light of their lengthy preparations for this event which included several tournaments in Europe. Anne Marie Cloutier was in a great form and scored 10 goals for the Canadian side, while 4 of her teammates, Amber Smart, Caroline Pilon, Kate Dilallo and Marie-Élaine Taupier contributed 3 goals each. The goalkeeper Audrey Touchette made some very key saves when needed.

It should be noted that the women's team will be traveling to the Dominican Republic for the Pan Am Championships in May, prior to competing in the Pan Am Games.

The men's team had a much difficult time against a determined American team that surprised them in the first two games. Coach Mohamed Benkreira

had to prepare his team and make the necessary adjustments to compensate for their lack-luster defensive play. The change in strategy was successful and the team played much better defensively anchored by the strong play of goalie Jonathan Leduc.

After a tight first half, the second half belonged to the Canadians who ended up winning the game 20-16. Charles Bariteau had an excellent game with 5 goals, with teammates Geoffroy Bessette, Maxime Godin and Sébastien Fyfe scoring 4 goals each. We must make mention of the great defensive play of the Doug Bennett in securing the Canadian victory.

Good luck to both teams in their preparation towards the 2007 Pan Am Games.

WEB SITE

You have probably noticed the change in our web site address. Since the end of December, you may get information and news on our new website.

It has a new look with links to all the provincial federation websites. We will need your collaboration to keep our information current, so please advise us immediately of any changes, errors or omissions on the CTHF website. Please don't hesitate to send your comments so we will be able to improve the accuracy of our CTHF website. The new web site address is: www.handballcanada.ca

CANADIAN CHAMPIONSHIPS DEADLINES AND FEES

Here is a summary of important upcoming dates:

- February 28th 2007: Intent to participate (Form #1)
- April 13th 2007: Entry fees for Senior and Junior (\$700.00) and Juvenile (\$500.00\$) and performance bonds of (\$200.00)
- April 20th 2007: Provincial Affiliation Fees, provincial membership list
Team rosters for Junior teams (Form 2)
- April 27th 2007: Team rosters for Senior teams (Form 2)
- May 4th 2007: Team rosters for Juvenile teams (Form 2)
- May 11^h -13th 07: Junior Canadian Championships (Edmonton)
- May 18th -20th 07: Senior Canadian Championships (Quebec City)
- May 25th – 27th: Juvenile Canadian Championship (Quebec City)

You can access more details on our web site.

SELECT HANDBALL BALLS

We have a wide selection of handball balls for sale. Please *visit our website for further details*.

UPDATED CTHF DIRECTORY

A new directory will be sent out to provinces for verification so that we can ensure all information is current on our website. Please confirm the information as soon as possible after receiving the directory.

TEAM HANDBALL COACHING STREAMS

As you are aware the CBET is replacing the NCCP Coaching Certification Program. The initiation level is completed and the Competition Introduction stream is soon to be completed. More details will follow in the very near future.

Coaching Streams

	Community Sport	Competition	Instruction
	<ul style="list-style-type: none">• Initiation	<ul style="list-style-type: none">• Introduction	<ul style="list-style-type: none">• Beginners
Coaching Contexts*	<ul style="list-style-type: none">• Ongoing participation	<ul style="list-style-type: none">• Development• High Performance	<ul style="list-style-type: none">• Intermediate performers• Advanced performers

* **Team Handball Coaching Profiles in bold.**

Coaches in **Community Sport Initiation Program** will not be evaluated and will not receive a Certification, coaches will be given a participation attestation; however coaches will be registered in team handball NCCP Database; duration of course shall be between 8 and 10 hours; course will be offered in schools, colleges, community centers, summer camps, etc.

TEAM HANDBALL COACHING PROFILES

		Coaching Profiles
Community Sport	Initiation	Coaches are basically involved in a non competitive environment, probably in a school, in a class, at the elementary or secondary level, with children and youth, initiating athletes to collective sports or team handball basic skills; goals of participation are fun, fitness and learning fundamentals; knowledge and know how very may vary extensively.
Competition	Introduction	Coaches are providing support to athletes in areas such as technical, physical, tactical and mental preparation; coaches are initiating athletes in competitions as well as in training; level of competition ranges from regional to provincial competitions; goals of participation are fun, fitness, fundamentals and

performance in regional competitions; probably dealing with youth athletes, probably in a range of 1 – 2 times a week.

Competition Development Coaches are providing support to athletes in areas such as technical, physical, tactical and mental preparation; athletes have more experience and are trained to compete at the provincial or national levels; athletes must be refining and varying their basic skills, acquiring and consolidating advanced skills; coaches are training young athletes or adults; probably 3 –4 times a week.

Competition Performance Coaches are providing support to athletes in areas such as technical, physical, tactical and mental preparation; Athletes have an incredible background and experience in handball and are performing at the national and international levels; Athlete development is only focused into performance and winning; coach is working to refine and vary the advanced offensive, defensive, individual and collective skills; coaches are involved with young adults and adults at least five times a week or more.

DURATION OF COURSE

Duration of Course

- | | | |
|------------------------|---------------------|---|
| Community Sport | Initiation | <ul style="list-style-type: none"> • Between (8) and ten (10) hours according to availability, goals and interests of participants. (Available in February 2005) |
| Competition | Introduction | <ul style="list-style-type: none"> • Multi-Sport Modules Parts A and B: 23 hours • Handball Module: 13 hours (available in February 2005) |
| Competition | Development | <ul style="list-style-type: none"> • Multi-Sports Modules: to be developed • Handball Module: 16 hours |
| Competition | Performance | <p>Level 4/5 represents the top level of professional training for coaches and is designed for those working with high performance athletes and those interested in careers in coaching. Level 4/5 consists of an applied study program of 20 Tasks: 12 Tasks for Level 4 and remaining eight for level 5. The following areas are dealt with: planning; athlete development including physical, psychological, technical, and tactical component; environmental factors; biomechanics; performance analysis and leadership. Credits are awarded upon completion of each task and coaches achieve certification by completing the number of required Tasks. National sport organizations, including</p> |

the CTHF, are working in full collaboration with Coaching Association of Canada and the National Coaching Institutes.

MULTI-SPORT MODULES

The current NCCP is a knowledge and course-based program with five levels of certification. Levels 1 to 3 were designed for coaches of community, school, and club sport programs. Each level had three components: Theory, Technical and Practical.

Theory course content included topic areas such as planning, role of the coach, growth development, safety, skill analysis, physical preparation, values and ethics, and mental training. Planning a practice is the focus in Level 1, planning a season in Level 2, and developing an annual plan in Level 3.

The technical component focuses on sport-specific techniques and tactics and information on rules of play, equipment and skill development.

The practical component acknowledges the work done by the coach and, in some case, provides opportunities for feedback on how the coach applies the concepts taught in Theory and Technical components.

In the current program, coaches achieve at Level 1, Level 2, or Level 3 when completing all three components (Theory, Technical and Practical) and by completion of the required number of tasks for Levels 4 and 5.

The design of the new NCCP reflects the different types of coaches (« coaching streams ») in the Canadian sport system and the specific environments (« coaching contexts ») they work in. It is up to each national sport organization to determine which streams and contexts apply to its coach development system. The abilities deemed important to coach in a given context determine the scope of training required.

Content provided in Multi-Sports modules is recommended for all Introductions to Competition programs offered by National Sport Organizations. National Sport Organizations can integrate Multi-Sports Modules within their own program when possible (for example, tennis and skiing). Several National Sport Organizations are not in a position to integrate all modules; therefore CAC and Provincial sport organizations will be offering Multi-Sport Modules to its members. The Canadian Team Handball Federation has decided not to integrate Multi-Sport Modules.

The following Multi-Sport Modules will be offered provincially:

Introduction to competition – Part A

- Ethical Coaching (about 3 hours)
- Planning a Practice (about 6 hours)
- Providing support to Athletes in Training and in Competition: Nutrition (about 1 hour)

Introduction to competition – Part B

- Designing a Basic Sport Program (about 4 hours)
- Providing support to Athletes in Training and in Competition: Teaching and Learning (about 7 hours)
- Providing support to Athletes in Training and in Competition: Teaching Mental Skills (about 3 hours)

NCCP multi-sport modules are generally grouped for delivery over weekends. In general, groupings listed above will be in effect in most provinces and territories.

Current NCCP and New CBET Programs

Community Sport	Current NCCP	New CBET Initiation
Competition	Level 1 Certification Level 1 Theory Level 1 Tech-Prac.	Competition Introduction Multi-Sports Modules parts A and B Handball Module available Feb. 2005
Competition	Level 2 Certification Level 2 Theory Level 2 Tech-Prac.	Competition Development Multi-Sports Modules to be developed Handball Module to be developed
Competition	Level 3 Certification	-
Competition	Level 4 Certification	Competition Performance
Competition	Level 5 Certification	Competition Performance